



# KARACHI CAMBRIDGE SCHOOL

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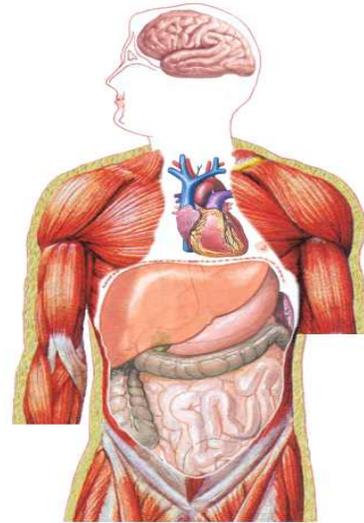
Website: [www.kcs.edu.pk](http://www.kcs.edu.pk)

## Newsletter – February 2017



## HUMAN BODY FACTS

- The average human brain has about 100 billion nerve cells.
- Nerve impulses to and from the brain travel as fast as 274km per hour
- The thyroid cartilage is more commonly known as the Adam's apple.
- The only joint less bone in your body is the thyroid bone in your throat.
- It's impossible to sneeze with your eyes open.
- Your stomach needs to produce a new layer of mucus every two weeks or it would digest itself
- It takes the interaction of 72 different muscles to produce human speech.
- The average life of a taste bud is 10 days.
- The average cough comes out of your mouth at 96.5km per hour.
- Relative to size, the strongest muscle in the body is the tongue.
- Human thigh bones are stronger than concrete.
- When you sneeze, all your bodily functions stop, even your heart.
- Babies are born without knee caps. They don't appear until the child reaches 2-6 years of age.
- Children grow faster in springtime.
- It takes the stomach an hour to break down cow milk.
- Woman blinks nearly twice as much as man.
- Blondes have more hair than dark-haired people do.



Contributed by: IshraqHameed

Class: IX

## **WORLD WETLANDS DAY**

World Wetlands Day is celebrated every year on 2nd February, marking the date in 1971 when the Convention on Wetlands, known as the Ramsar Convention, was adopted in the Iranian city of Ramsar, drawing attention to the importance of wetlands.

As an important category of wetlands, mangrove forests grow along tropical coastlines and in salt water environments. They are a critical component of marine ecosystems, serving as nursery grounds for many aquatic species, including commercially important fish species. Mangroves also serve as excellent buffer zones between open ocean and coastal lands, reducing the impacts of storms, and keeping coastal erosion under control.

Healthy natural World Heritage sites as well as healthy wetlands contribute tremendously to disaster risk reduction and poverty reduction, help alleviate food insecurity, combat climate change, and restore and promote the sustainable use of ecosystems.

The theme for 2017 “Wetlands for Disaster Risk Reduction” is selected to raise awareness and to highlight the vital role of healthy wetlands in reducing the impacts of extreme events such as floods, droughts and cyclones on communities, and in helping to build resilience.

So how can we help wetlands to help us instead?

As Individuals:

- Organize or join a wetland clean-up.
- Become a Wetland Ambassador and advocate for wetlands.
- Use water more sparingly and avoid toxic products that drain into wetlands.

## GOOD MANNER

Good manner helps to create a good personality and peace in society. Always say please before requesting. And thank you when someone gives you something. Always try to sleep early so that one can get up early in the morning. We should listen carefully and obey our elders.



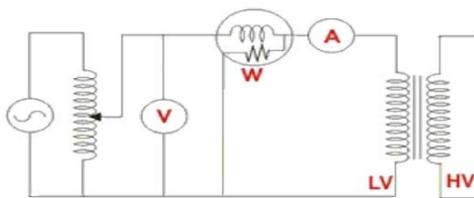
Name: Ayesha Faisal

Class: III

## OPEN CIRCUIT INFORMATION

Open circuit scuba, a type of scuba-diving equipment where the user breathes from the set and then exhaled air. Open circuit test, a method

### OPEN CIRCUIT TEST



Open Circuit Test on Transformer

used in electrical engineering to determine the impedance in the excitation branch of a real transformer.

Open circuit voltage, the difference of electrical potential between two terminals of a device when there is no external load connected. An electrical circuit is an “open circuit” if it lacks a

complete path between the terminals of its power source.

## WHY SMOKING IS HARMFUL

- Smoking causes significant bone loss.
- The chemicals in tobacco can harm blood cells.
- Smoking can affect our vision and lead us to blindness.
- Tobacco smoke contains more than 7000 chemicals.
- 70 of them cause cancer.
- Smoking can cause lungs, stomach, lip, kidney and liver cancer and can also result in death.



## WHAT I WOULD LIKE TO BE

When I grow up, I want to be a teacher. I like to teach kids. I am inspired by my English teacher. She is very kind and nice. She teaches very well. Kids understand what she teaches. She is very polite. Kids love to study because of her. I want to be like my teacher. I like English that's why I want to be an English teacher. Teaching is a good and respectable profession. I want to share my knowledge with kids.

Name: Benafshah (Class III)

When I will grow up, I would like to become a scientist. Scientist discovers new things every day and brings improvement to the world. Being a curious person I like to go to the end of everything and

scientists are people who go to the end of everything. Becoming a scientist is my dream and goal.

Name: Shahmeer Khan(Class III)

## **THE DOLPHIN SHOW**

My school took us to Maritime museum for the dolphin show. Everyone was excited about seeing Dolphin so was I.

We watched different fish. The show was very good. The seal stood on his feet and clapped happily and held a ball on his pointy nose. A huge white fish tossed the man in the air and even ate a fish given to it. The dolphins jumped over the ring and also ate fish given and even played with ball and swingthe ring with its nose. In the end a man stood on the dolphin's back and raised the flag of Pakistan and we sang the National anthem with him. Our trip to dolphin show was very interesting and I will never forget it.

## **WORLD CANCER DAY**

World Cancer Day is an international day marked on February 4 to raise awareness of cancer and to encourage its prevention, detection, and treatment. World Cancer Day was founded by the Union for International Cancer Control (UICC) to support the goals of the World Cancer Declaration, written in 2008.

"On World Cancer Day, we have an opportunity to collectively examine cancer control strategies to identify winning formulas that will accelerate progress. The goal for all of us is to ensure fewer people develop cancer,

more people are successfully treated and that there is a better quality of life for people during treatment and beyond.”

Heather Bryant, VP, Cancer Control, Canadian Partnership  
Against Cancer

Taking place under the tagline ‘We can. I can.’, World Cancer Day 2016-2018 will explore how everyone – collectively or individually – can do their part to reduce the global burden of cancer.

Just as cancer affects everyone in different ways, all people have the power to take various actions to reduce the impact that cancer has on individuals, families and communities.

World Cancer Day is a chance to reflect on what you can do, make a pledge and take action. Whatever you choose to do ‘We can. I can.’ make a difference to the fight against cancer.

## **FIFTEEN WAYS OF HOW TO WIN FRIENDS AND PEOPLE.**

- Don’t criticize, condemn or complain.
- Give honest and sincere appreciation.
- Become genuinely interested in other people.
- Remember a person by name.
- Be a good listener. Encourage other people to talk about themselves.
- Talk in terms of other people’s interest.
- Make other people feel important and do it sincerely.

- The only way to get the best of an argument is to avoid it.
- Show respect for other person's opinions.
- Never say "you are wrong"
- If you are wrong admit it quickly and emphatically.
- Begin in a friendly way.
- Try to see things from the other person's point of view.
- Be sympathetic with person's ideas and desires.
- Throw down a challenge.

## **YOUNG POET'S CORNER**

### **OUT IN THE BLUE**

Once on a gloomy winter night,  
After a long day of turmoil,  
Such delightful blessing upon me,  
Left me thinking all the way to down,  
It was easy to deal with,  
It was not late to act, still,  
All was about you and me,  
No other than just I and you,  
It happened spontaneously,  
No magic, no spirit involved,  
Changed my heart that night,  
Changed everything for its very right,  
Removing the obstacle that caused gap,  
Lowering the curtain; I could see her eyes,  
As we shared the feelings of love and sympathy,  
Doors to devotion of friendship were opened.

Name: AreebHameed

Class: VII

## **ONE DAY I WENT TO FLY**

One day I went to fly,  
High in the sky,  
With some buns,  
And some water gun,  
I had a lot of fun,  
I went closer to the sun,  
Suddenly! My sister broke a cup,  
And I woke up.

Name: Muhammad Ali Naeem

Class: I

## **MY FATHER**

My father name is Khalid Afzal,  
I love my father,  
My father likes his car,  
He likes to drink tea,  
My father's favourite fruit is apple  
He is a good man,  
He likes news,  
I love my father

Name: M. Ali Khalid

Class: I

**KARACHI CAMBRIDGE SCHOOL** does not only emphasize on the syllabus mode of teaching but also takes pride in developing a child's personality through extra-curricular activities. These activities help a child learn and adapt the practical knowledge of the real world through experience. Extra-curricular activities for the month of February have been described below:

### **KCS Birthday Celebration**

Karachi Cambridge School attended the exciting event of Ida Rieu Sports Day on 18th February, 2017. We saw the students and teachers with heads held high, and hearts filled with enthusiasm', as they proudly stood by the honor and glory of their school.

The Annual Sports Event is regularly organized at Ida Rieu. All students and teachers of the Blind and Deaf sections enthusiastically participate in this colorful event. National Anthem, Recitation for the Holy Quran, Flag Hoisting, March Past, PT display and a number of sports competition like martial arts, kick jump, cricket, judo karate, racing etc. are held. Medals, Shields, Certificates and gifts are distributed among the winners, runners up and the participants.

While sport has value in everyone's life, it is even more important in the life of a person with a disability. This is because of the rehabilitative influence sport can have not only on the physical body but also on rehabilitating people with a disability into society. Furthermore, sport teaches independence. Nowadays, people with a disability participate in high performance as well as in competitive and recreational sport.

The day provided us with some very exciting moments, and as Helen Keller quoted:

"The most beautiful things in the world cannot be seen or even touched — they must be felt with the heart."

The participants' performances were commendable, and proved to be a humbling experience for all the spectators.

### **KCS Annual Sports Day:**

Sports are an integral part of school curriculum. It not only helps to develop a healthy mind in a healthy body while also inculcating team spirit and discipline. 28<sup>th</sup> Annual Sports Day was held in Pakistan Sports Board (Formerly known as N.C.C) ON 14<sup>th</sup> February 2017 where students from pre-nursery to Grade XI marched past with their house flags held high.

Various events on the field and the races had the audience in high spirits. The students left the audience spellbound with their athletic demonstrations and showed competition of acumen and muscle power.

### **KCS Annual School Milad**

The school Mild was held on 24<sup>th</sup> of February, 2017, Friday, at the senior campus, Karachi Cambridge School. The mothers of all the students were invited to attend this auspicious occasion. Our principal selects the speeches, naats and scripts for compering. Then we memorize and rehearse Qirat, Naats, Speeches, Hadith and translation so that we are able to deliver excellently.

On the day of Milad, when I reached school accompanied by my parents, I was stunned to see the school's beautiful purple-themed

decoration. Tasbih, a red rose and the Miladprogramme were distributed to each of the parent. The entire school staff and our beloved principal wore purple dresses while students wore white shalwarkameez, with girls wearing purple embroidered shimmering dupattas and boys purple caps.

All classes delivered beautiful naats and two students performed solo naats followed by Durood. A few of the students gave speeches. The Milad ended with the Salam led by our principal and then sweets were distributed to the parents. We were all happy that the programme was awesome and better than ever.

Contributed by: AlishbaMasood

Class VIII

### **Talent Show**

A talent hunt event was held at PAF museum Karachi sponsored by Awakener Welfare Trust. The immensely talented students of KCS also participated. Four categories were available and the students participated in each.

Maria Ashraf (singing), Mustafa Malik (acting), TayyabaShahid (naat) and KashafGhani (speech). All the participants performed really well, and Maria Ashraf secured second position on account of singing beautifully the famous national song, "ye watantumharahai.."

\*\*\*\*\***THE END**\*\*\*\*\*